

NEXT LEVEL

PIGEON RACING

SCHEDULE - FLIGHT SEASON

" Simple and efficient "

For all distances: in the run-up to the first 'peak' competition, **TOP PERFORMANCE** (with ketones) on the feed every day for 8 days until basketing. Then follow the schedule below.

The supplements for the feed can be mixed on a smaller amount of feed to feed the pigeons first. Supplementation can then be added if necessary. This way the pigeons eat enough and they certainly have the right dosage of supplements. The food can be moistened with **TOP OMEGA 3** and (sweet) liquids such as elderberry syrup, Hepatoveto, etc.

100 - 700 km (weekly basketing)

| | on the feed | drinking water |
|----------------------|--|-----------------------|
| Saturday (arrival) | TOP PERFORMANCE + TOP PROTEIN + TOP OMEGA 3 | TOP RECUP + TOP AMPUL |
| Sunday | TOP PROTEIN + TOP PROBIOTICS + TOP OMEGA 3 | |
| Monday | TOP PERFORMANCE + TOP PROBIOTICS + TOP OMEGA 3 | |
| Tuesday | | |
| Wednesday | TOP PERFORMANCE + TOP PROTEIN + TOP OMEGA 3 | TOP RECUP 1/10 dosage |
| Thursday (basketing) | TOP PERFORMANCE + TOP OMEGA 3 | |

> 800 km (2-weekly basketing)

| | on the feed | drinking water |
|-----------------------|--|-----------------------|
| Saturday (arrival) | TOP PERFORMANCE + TOP PROTEIN + TOP OMEGA 3 | TOP RECUP + TOP AMPUL |
| Sunday | TOP PERFORMANCE + TOP PROTEIN + TOP OMEGA 3 | TOP RECUP + TOP AMPUL |
| Monday | TOP PROTEIN + TOP PROBIOTICS + TOP OMEGA 3 | |
| Tuesday | TOP PERFORMANCE + TOP PROBIOTICS + TOP OMEGA 3 | |
| Wednesday | | |
| Thursday | TOP PERFORMANCE + TOP OMEGA 3 | |
| Friday | | |
| Saturday | TOP PERFORMANCE + TOP OMEGA 3 | |
| Sunday | | |
| Monday | TOP PERFORMANCE + TOP OMEGA 3 | |
| Tuesday | TOP PERFORMANCE + TOP PROTEIN + TOP OMEGA 3 | TOP RECUP 1/10 dosage |
| Wednesday (basketing) | TOP PERFORMANCE + TOP OMEGA 3 | |